

## KIP FULBECK : WORKSHOPS

### **Identity 101 – Seeing Others, Projecting Ourselves**

60 minutes

In this interactive workshop, participants explore various common non-verbal methods we use to quickly judge and evaluate others – often incorrectly. Using several playful exercises created and popularized by Kip Fulbeck over the past two decades, participants in small groups take turns visually assessing and being visually assessed, revealing not only our own innate biases but also opening up new channels of observation and communication. This workshop is especially popular on college campuses

### **From Long Duk Dong to Jeremy Lin and Kevin Wu: Asian American Masculinity in Pop Culture**

60 minutes

Since the beginning of film and television, Asian American men have consistently been portrayed negatively. Typically limited to simplistic roles as villains, gangsters, kung fu masters, computer geeks or outright clowns, they are rarely portrayed as fully formed human beings. In this interactive workshop, Kip Fulbeck, dissects these pop culture images and compares them to a new media generation of positive ones, investigating their relation to Asian American dating, marriage, and self-confidence

### **Race in the Media – Does It Really Affect Me?**

60 minutes

We know all about media stereotypes. But is this recognition enough? Is awareness of stereotypes sufficient to keep them from affecting our everyday lives? In this pop culture-laden workshop, Kip Fulbeck delves into his research on media imagery and its effects on our opinions, attractions, and self-image. From newscasters to reality shows to Tiger Moms, this workshop opens our eyes to the calculated research behind every commercial media decision

### **Genes, Lifestyle, & Luck – Understanding Privilege**

15 minutes

This workshop navigates the controversial topic of *privilege* – exploring it in a safe and non-judgmental atmosphere. Each participant partakes in an anonymous survey of their life – from their family to their childhood neighborhood to their opportunities and physical abilities, recognizing how much each of these categories play a part in making us who we are. Emphasis is placed on gaining this awareness as a tool for positive motivation, recognition, and appreciation

This workshop can be added onto either of the previous for a discounted rate